

## Important Announcement about National Health Insurance

1. **Insurance premiums are determined based on your income for the previous year. You must pay your calculated insurance premiums.**

Example:

\*All examples are for a person aged 39 or younger

Previous year's income    0 yen                      Annual insurance premiums of about 16,000 yen (from April until March of the following year)

Previous year's income    1,200,000 yen                      Annual insurance premiums of about 47,000 yen

Previous year's income    1,600,000 yen                      Annual insurance premiums of about 110,000 yen

Insurance premiums for the year in which you arrived in Japan are low but increase in the following year if you work and have income such as a salary. The same applies to resident's tax as well. It is advised that you take steps to be prepared to pay your next year's premiums from the year you arrive in Japan.

2. **Insurance premiums are normally paid via automatic bank transfer (automatic withdrawal).**

Please register your bank account in which your salary, etc. is deposited as the account from which your premiums will be automatically withdrawn so that you do not forget to pay. Insurance premiums are automatically withdrawn at the end of the month.

3. **Failure to pay your premiums by the deadline puts you at a disadvantage.**

(1) Assets such as your salary and savings may be investigated and seized.

(2) You place a burden to your workplace (legal obligations arise in responding to investigations from the City Office and complying with seizures).

(3) You will be responsible for 100% of medical expenses paid at hospitals, etc. (the total medical expenses must temporarily be personally borne by yourself.)

(4) A health insurance certificate with shorter period of validity will be issued.

(5) You may not be allowed to change or renew your status of residence.

\*You may need proof of payment of insurance premiums when changing or renewing your status of residence.

4. **Be sure to declare your income even if you are not working or have a small income or salary.**

If you do not declare your income, your insurance premiums will not be reduced even in the case of your income for the previous year being below a certain standard, or your personally borne ceiling amount for high medical expenses may be judged at a higher category (you will have a higher medical expense ceiling).

◎ If you have enrolled in the health insurance program of your place of employment, please ensure that you complete procedures to withdraw from National Health Insurance.

Refer to the guidebook for more detailed information on National Health Insurance. ↓

Toshima City website



Contact Toshima City if you have any questions about National Health Insurance.

Inquiries: Qualification and Premium Group, National Health Insurance Section ☎03-4566-2377