

**Your household has unpaid national health insurance premiums.**  
**Please pay them by the due date.**  
**If you do not pay your premiums by the due date, we may take administrative actions in accordance with the law.**

Notes:

1. If you have already paid, please disregard this reminder notice.
2. This notice cannot be used for payment at financial institutions.
3. If a barcode is not printed on the front side of this notice, please use the enclosed payment slip or contact the National Health Insurance Section.

|   |   |
|---|---|
| ① | Payment Slip and Payment Confirmation Notice  |
| ② | Payment Amount  |
| ③ | Premium Payer of Record   |
| ④ | Notice Number   |
| ⑤ | Please pay using the “Payment Locations and Methods” listed on the reverse side.  |
| ⑥ | For households that use account transfer, if the premium amount for the applicable month is scheduled to be withdrawn on the account transfer date, please avoid double payment and do not use this payment slip. |
| ⑦ | Payment Reminder Notice and Receipt   |
| ⑧ | Applicable Fiscal Year  |
| ⑨ | Applicable Month(s)   |
| ⑩ | Payment Due Date  |
| ⑪ | This payment reminder notice is issued in accordance with the law to households whose premium payment could not be confirmed by the due date. If you have already paid, please disregard this notice.             |
| ⑫ | Payment reminder notices are also sent to households using the account transfer method or paying in installments, and those receiving public assistance.  |

◎ **Please confirm this information against the payment reminder notice you have received.**

The obligation to pay National Health Insurance premiums rests with the head of the household. Even if the head of your household is enrolled in other health insurance (such as social insurance), the premiums for all insured persons in the household are billed to him/her.

If no barcode is printed here, please use the enclosed payment slip or contact the National Health Insurance Section.

① 納付書兼納入済通知書 金融機関では納付できません

自治体コード 131164

加入者 豊島区会計管理者

② 納付額

③ 納付義務者

④ 通知書番号

⑤ ●裏面に記載した「納付できる場所・方法」で納付してください。  
(金融機関では納付できません)  
●下記にバーコードが印字されていない場合は、コンビニエンスストア・モバイルレジ・電子マネーで取り扱いができませんので、同封の納付書をご使用いただくか、国民健康保険課までお問い合わせください。

CVS取納用 ※金額を訂正した場合、バーコードの印字のない場合、バーコードが読み取れない場合はコンビニエンスストア・モバイルレジ・電子マネーでは納付できません。

⑥ →コンビニエンスストアで納付する場合は、左側のミシン目で切り取ってお持ちください。  
⑫に添付書をご利用中の世帯で、口座振替日に督促対象月の金額を引落し予定の世帯については、二重納付にならないように、この納付書では納付しないでください。

収納代行 株式会社NTTデータ

主管課名 豊島区国民健康保険課 (問合せ先) 03-3981-1111 (代表)

⑦ 督促状兼領収証書

自治体コード 131164

加入者 豊島区会計管理者

② 納付額

③ 納付義務者

④ 通知書番号

⑧ 年度 ⑨ 月

② 金額 ⑩ 納付期限

⑪ この督促状は、法令に基づき、保険料が納期限までに納付されたことが確認できない世帯に送付しています。すでに納付済の場合は、行き違いですのでご容赦ください。

⑫ 督促状は、口座振替ご利用中の世帯、分割納付中の世帯、生活保護受給中の世帯にも送付しています。  
⑬ 二重課税の方が徴入されている場合には、世帯主の方に保険料の納付義務があります。

問合せ先 (主管課) 豊島区国民健康保険課 (TEL) 03-3981-1111 (代表) (受付時間) 平日 8:30~17:00

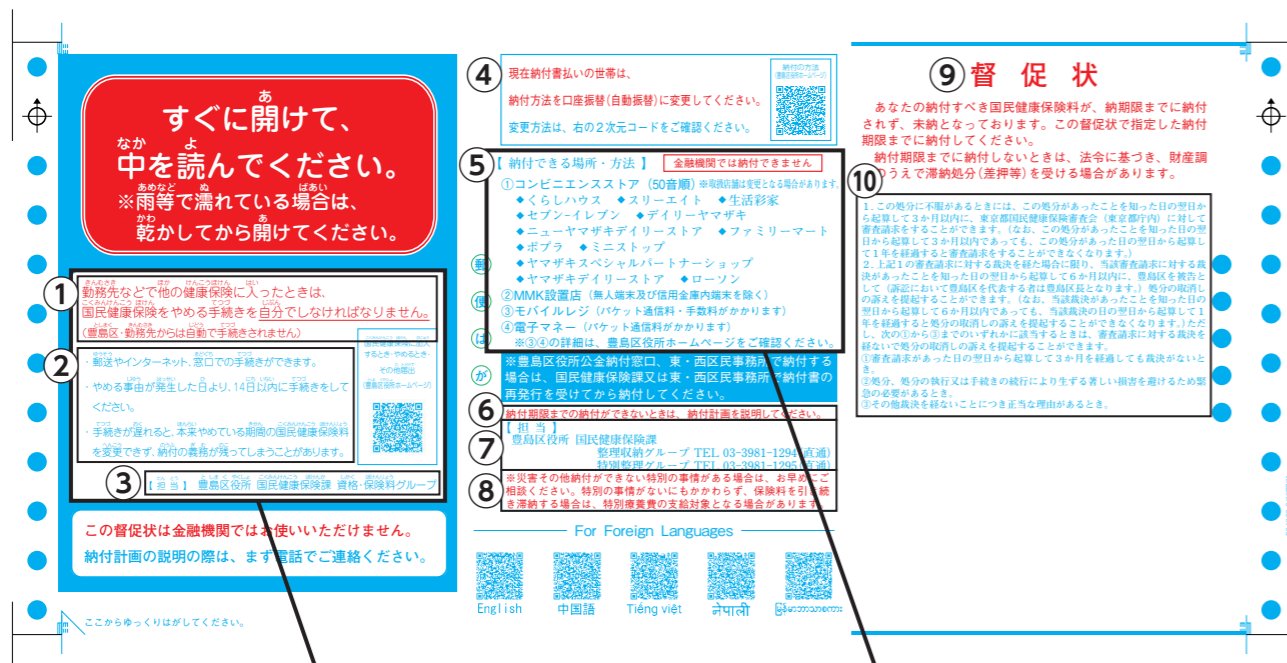
収納代行: 株式会社NTTデータ (2年間保管してください)

領収証書 上記の金額を受領しました。  
収入印紙不要 (お客様用)

9643632-20721

2. Service hours are subject to change.

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|---|---|
| ① | When enrolling in other health insurance through your workplace, <b>you must complete the withdrawal procedure yourself.</b><br>(Toshima City and your workplace will not process this automatically.)  |
| ② | <ul style="list-style-type: none"> <li>• The procedure can be completed by mail, online, or at the counter.</li> <li>• Please complete the procedure within fourteen days from the date you decided to withdraw.</li> <li>• If the procedure is delayed, you may remain liable for National Health Insurance premiums for the period during which you failed to withdraw.</li> </ul>  |
| ③ | [Contact] Qualification and Premium Group, National Health Insurance Section, Toshima City Office   |
| ④ | Households currently using payment slips should switch to account transfer (automatic debit). Please refer to the QR code on the right for details.<br><br>Payment Methods<br>(Toshima City Office website)   |
| ⑤ | <p>[Payment Locations and Methods]<br/>Payments cannot be made at financial institutions.</p> <p>(1) Convenience Stores (in Japanese syllabary order)<br/>Note: Stores that accept these payments are subject to change.<br/>◆ Kurashi House ◆ Three Eight ◆ Seikatsu Saika ◆ 7-Eleven ◆ Daily Yamazaki ◆ New Yamazaki Daily Store ◆ FamilyMart ◆ Poplar ◆ Ministop ◆ Yamazaki Special Partner Shop ◆ Yamazaki Daily Store ◆ Lawson</p> <p>(2) Stores with multimedia kiosks (MMK) (except unmanned terminals and terminals inside Shinkin banks)</p> <p>(3) Mobile payment (packet communication charges and fees apply)</p> <p>(4) Electronic money (packet communication charges apply)</p> <p>Note: For details on (3) and (4), please check the Toshima City Office website.</p>   |
| ⑥ | If you cannot pay by the due date, please explain your payment plan.  |
| ⑦ | <p>[Contact]<br/>National Health Insurance Section, Toshima City Office<br/>Filing and Premium Collection Group: Tel: 03-3981-1294 (direct)<br/>Special Filing Group: Tel: 03-3981-1295 (direct)</p>  |
| ⑧ | Note: If you are unable to pay due to disasters or other special circumstances, please consult with us as soon as possible. If you remain in arrears on your premium payments without special circumstances, you may be subject to restrictions in which only special medical expenses are covered.   |
| ⑨ | Payment Reminder Notice   |
| ⑩ | <p>1. If you disagree with this administrative action, you may file an appeal with the National Health Insurance Examination Board of Tokyo (located in the Tokyo Metropolitan Government Building) within three months from the day following the date you became aware of this administrative action.<br/>Note: Even if three months have not yet passed from the day following the date you became aware of this administrative action, you will lose the right to appeal if one year has passed since the day following the date of the administrative action.</p> <p>2. You may file a lawsuit seeking to reverse this administrative action—with Toshima City as the defendant (the representative in the lawsuit will be the mayor of Toshima City)—only after the board has made a decision on the examination request in item 1 above, and within six months from the day following the date you became aware of that decision.<br/>Note: Even if six months have not yet elapsed from the day following the date you became aware of the Board's decision, you will lose the right to file a lawsuit seeking revocation of the administrative action if one year has passed since the day following the date of the Board's decision.<br/>However, if any of conditions (1) to (3) below apply, you may file a lawsuit seeking revocation of the administrative action without awaiting the board's decision on the examination request.</p> <p>(1) When three months have passed from the day following the date the examination request was filed, and no decision has been made by the board.</p> <p>(2) When there is an urgent need to avoid significant harm that the administrative action, its execution, or the continuation of related procedures may cause.</p> <p>(3) When there is any other legitimate reason for not waiting for the board's decision.</p> |



Please pay using the locations and methods listed here.